

# Directions for Sleeping Hood



- 1** When baby has fallen asleep, take the hood out of the storage pocket on back of carrier.



- 2** Grab one hood strap and extend it straight up above your head.



- 3** Bring the other hand behind your head, grab the hood at base of the extended strap and follow to the other strap.



- 4** With one hood strap in either hand extend the hood taught over baby's head.



- 5** Snap the hood straps at a comfortable length, to the snaps on the shoulder straps.



- t** Babies do not generally like to have the hood practiced on them while they are awake.
- t** Hood can also be used as a sun shield when worn on front.
- t** It helps to lean forward and adjust baby's head to be resting in the center of your back, before pulling up hood
- t** Two adjusters on the Hood allow you to change the length to fit the size of your baby.